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Fertility Cycles Nutrition 4th Edition

The result is a completely revised and expanded 4th edition of Fertility, Cycles & Nutrition: Self-care for improved cycles and fertility...naturally!. Based on her experience both as an instructor of human anatomy and physiology at Indiana University Purdue University at Fort Wayne, Indiana, and over 25 years as a Natural Family Planning (NFP) teacher, Shannon is convinced that in most cases, self-care for better fertility is the best place to start.

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Fertility, Cycles & Nutrition book by Marilyn M. Shannon

The result is a completely revised and expanded 4th edition of Fertility, Cycles & Nutrition: Self-care for improved cycles and fertility...naturally!, now available from the Couple to Couple League. Based on her experience both as an instructor of human anatomy and physiology at Indiana University Purdue University at Fort Wayne, Indiana, and over 25 years as a Natural Family Planning (NFP) teacher, Shannon is convinced that in most cases, self-care for better fertility is the best place.

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